

Are you deaf or hard of hearing and if so, do you at times feel isolated; unable to enjoy social activities as much as you would like?

Perhaps you feel you have something to share with others who have a similar hearing problem, but you do not know how to contact such people?

Maybe you have a particular interest / hobby, but you feel restricted because of your hearing loss?

It could be that you do not know how to seek help and advice regarding available support / services that could possibly make your disability more tolerable?

**IF  
ANY  
OF THESE  
QUERIES  
APPLY TO YOU  
THEN WHY NOT  
CONTACT  
HEARING  
CONCERN  
ROMSEY?**

Hearing Concern Romsey is a small, busy group who meet regularly to enjoy one another's company knowing their hearing problems will be understood, with help and advice available if needed.

There are facilities to help members hear regular speakers, with interesting and varied topics for discussion.

Leaflets and a quarterly magazine supply news, views and information to enable us to serve as an information centre for all hearing related services, and to advance the education of the general public in the problems associated with hearing loss.

Any deaf or hard of hearing adult is welcome to join us at meetings, or just ring either of the contacts overleaf for help or information.



**HEARING CONCERN  
ROMSEY**

**CHAIRPERSON  
Peter Phillips**

1 Northlands Road . Whitenap  
Romsey . Hampshire . SO51 8RU

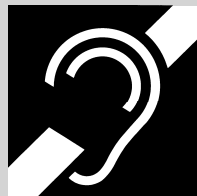
**Telephone:** 01794 514548

**SECRETARY  
Veronica Hollier**

11 Brookfields . West Wellow  
Hampshire SO51 6ES

**Telephone:** 01794 322828

**Email:**  
veronica\_hollier@yahoo.co.uk



**HEARING CONCERN  
ROMSEY**

**MEETINGS**

The second and fourth Tuesday  
of each month

2-4 pm

at

The Appletree Centre  
Princes Road, off Station Road  
(Next to the Library)  
Romsey  
Hampshire



Designed & printed by  
Ann Perrett

TXD: 18002 01794 511812  
Facsimile: 07092089182  
Email: [ann@circularsound.co.uk](mailto:ann@circularsound.co.uk)  
[www.circularsound.co.uk](http://www.circularsound.co.uk)



**A self-help  
group  
for  
people  
with  
hearing  
difficulties**

## EFFECTIVE COMMUNICATION IS ESSENTIAL

All people have the need for clear, easily understandable information when communicating with others.

### For people with hearing problems clear communication is a Must!

- Unfamiliar surroundings
  - Loud background noise
  - Inability to see the speaker's face
- are a few of the barriers encountered.

### COMMUNICATION NEEDS

Establishing effective means of communication as soon as possible saves time and frustration.

Communication needs of people with hearing impairment varies according to the type and degree of deafness. Never assume one particular method will be right or sufficient - ask the person how you can best meet *their* need.

### HARD OF HEARING

Partially deaf people form a large percentage of the country's population. These people usually communicate using hearing aids, lip-reading or a combination of the two.

### DEAF

Profoundly or pre-lingually deaf people could be confused and bewildered unless their communication needs are understood. A knowledge of finger spelling may provide useful support, or if in doubt, write it down.

## USEFUL COMMUNICATION TACTICS

- 🔊 ENSURE YOU HAVE THE PERSON'S ATTENTION BEFORE SPEAKING
- 🔊 LOOK DIRECTLY AT THE PERSON MAINTAINING EYE CONTACT
- 🔊 DO NOT OBSTRUCT YOUR FACE OR TURN AWAY WHILE SPEAKING
- 🔊 SPEAK CLEARLY, AND A LITTLE MORE SLOWLY THAN USUAL
- 🔊 DO NOT SHOUT, OR EXAGGERATE LIP MOVEMENTS
- 🔊 REPHRASE, RATHER THAN REPEAT
- 🔊 MAKE SURE THE LIGHT IS ON YOUR FACE
- 🔊 USE GESTURE AND EXPRESSION TO ENHANCE MEANING
- 🔊 ALWAYS BE PREPARED TO WRITE IT DOWN
- 🔊 HELP US TO HELP YOU!

## HEARING CONCERN ROMSEY

Hearing Concern Romsey was formed in 1993 to meet a local need for people with hearing difficulties, their friends and families.

- To provide those members with facilities for leisure activities,
- To serve as an information centre for all hearing related services,
- To advance the education of the general public in the problems associated with defective hearing.

### MEETINGS

Every 2nd and 4th Tuesday  
of each month  
2-4 pm

at

The Appletree Centre  
Princes Road/Station Road  
ROMSEY

Yearly subscription £3.00

**NEW MEMBERS WELCOME  
TO A FRIENDLY GROUP**

WHY NOT COME ALONG?



HEARING CONCERN ROMSEY



**CONTACT FOR INFORMATION**

**Secretary**

Veronica Hollier  
11 Brookfields  
West Wellow  
Hampshire SO51 9AJ

Telephone: 01794 322828

Email:

[veronica\\_hollier@yahoo.co.uk](mailto:veronica_hollier@yahoo.co.uk)

**Chairman**

Peter Phillips  
1 Northlands Road  
Romsey  
Hampshire SO51 8RU

Telephone: 01794 514548



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Ann Perrett

TextDirect dial: 18002 01794 511812  
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[www.circularsound.co.uk](http://www.circularsound.co.uk)

**HERE  
TO  
HEAR**

**A  
COMMUNICATION  
GUIDE**